# Joint Health and Wellbeing Strategy

#### **Foreword**

# Opening foreword by Cllr Simon Allen, Chair of the Bath and North East Somerset Health and Wellbeing Board

Bath and North East Somerset can and should be a place where everyone is enabled to lead healthy and fulfilling lives. Achieving this is no easy task. Everything we do must aspire to the goal of improving the health and wellbeing of local people and communities.

I am fully committed to reducing health inequalities in Bath and North East Somerset and to ensuring that, through this Joint Health and Wellbeing Strategy, we put in place plans which improve the health of local people and communities.

I cannot deliver this alone and it will be essential to work in partnership with health, social care and broader 'wellbeing' services to take action to improve people's health and wellbeing. Already, some organisations across Bath and North East Somerset have come together through our new Health and Wellbeing Board and are working together on this Joint Health and Wellbeing Strategy. These partners include Bath and North East Somerset Council, the local Clinical Commissioning Group (CCG) and Healthwatch Bath and North East Somerset.

This partnership approach will deliver joined up services that support and protect people's health and wellbeing. Our focus is on encouraging people to stay healthy, improving the quality of people's lives and on making sure that everyone has a fair chance of living well.

Over the past 2 years I have met many local people and organisations. I have listened to the views and experiences of local health and social care services. This experience has helped me to understand what works well and areas that need to improve. Local knowledge and feedback forms a central part of this Joint Health and Wellbeing Strategy and in creating future plans for local health and wellbeing services.

No one should underestimate my determination to make a difference. This Joint Health and Wellbeing Strategy will not only help people who are unwell but will work to integrate local services from housing to parks and leisure; to prevent ill health and make sure that people live well.

#### Part 1

### Who is responsible for Health and Wellbeing?

The Health and Wellbeing Board (HWB) is the body responsible for improving the health and wellbeing of people in Bath and North East Somerset. The Council is required, by Government, to have a Health and Wellbeing Board. The Health and Wellbeing Board is made up of senior officers from the Council, local councillors, GPs from the Clinical Commissioning Group (CCG), the Director of Public Health and Healthwatch Bath and North East Somerset.

The Health and Wellbeing Board has assessed the health and wellbeing needs of people in Bath and North East Somerset (adults, children and young people) through the Joint Strategic Needs Assessment process (JSNA). You can find out more about the Bath and North East Somerset JSNA at www.bathnes.gov.uk/jsna. This Joint Health and Wellbeing Strategy reflects and takes action to mitigate the health and wellbeing needs identified in the JSNA.

The Health and Wellbeing Board sits within the Bath and North East Somerset local partnership framework and works alongside leaders from all of the local public sector agencies to ensure a joined-up approach to local service delivery.

This is the first Joint Health and Wellbeing Strategy for Bath and North East Somerset. It is a draft and we welcome your views on what it says about health and wellbeing in Bath and North East Somerset. A full engagement process will run from April 2013 to June 2013 and further details can be found at <a href="http://www.bathnes.gov.uk/services/neighbourhoods-and-community-safety/working-partnership/health-and-wellbeing-partnership.">http://www.bathnes.gov.uk/services/neighbourhoods-and-community-safety/working-partnership/health-and-wellbeing-partnership.</a>

# Why Bath and North East Somerset needs a Joint Health and Wellbeing Strategy

The World Health Organisation defines health as "a state of complete physical, mental and social wellbeing". People with good health are able to have control of their lives, live life to the full and participate in their communities.

Unfortunately people and communities experience health un-equally. This can be due to differences in where they live, social group, gender and other biological factors. These differences have a huge impact, because they result in some people experiencing poorer health and shorter lives.

Health inequality exists in Bath and North East Somerset. The Joint Strategic Needs Assessment shows that health is unequally shared and inequalities exist between different geographical areas, communities, social and economic groups.

The Health and Wellbeing Board is committed, through this strategy, to tackling these health inequalities. This Joint Health and Wellbeing Strategy sets out a framework for partnership action against three themes:

Theme one: Helping people to stay healthy

Theme two: Improving the quality of people's lives

Theme three: Creating fairer life chances

In 2010 Sir Michael Marmot published 'Fair Society Healthy Lives' and set out an evidence based approach to reducing health inequalities in England. This Joint Health and Wellbeing Strategy is guided by the principles set out within 'Fair Society Healthy Lives'.

### How we will deliver this Strategy

Part two of this Strategy describes our high level intentions to improve the health and wellbeing outcomes of our local population.

Part three sets out the Board's first steps to improving the health and wellbeing of the local community. It is not intended to be a static delivery plan but rather one that will be updated as the Health and Wellbeing Board develops and promotes the services and activities that can make a difference.

Over time more detailed delivery plans will be adopted, setting out action on specific priorities such as to reduce rates of childhood obesity or create dementia friendly communities.

Our work locally, through this Health and Wellbeing Strategy, is set against a national programme of action. This includes national frameworks for action for adult social care, children's social care, public health, and the NHS. The delivery of these frameworks will continue to be extremely important to us. The relevant national outcomes for this strategy are set out in Part three.

#### **About Bath and North East Somerset**

JSNA summary (2 page graphic presentation of need)

#### Our vision for health and wellbeing

Our vision is to reduce health inequality and improve health and wellbeing in Bath and North East Somerset by:

Theme one: Helping people to stay healthy

Theme two: Improving the quality of people's lives

Theme three: Creating fairer life chances

These 3 themes set our framework for action. The next section describes some of the things we are doing to deliver these themes.

The Health and Wellbeing Board has also agreed a set of cross-cutting principles. These are:

- Strengthen the role and impact of ill-health **prevention**
- A commitment to **add value** through a 'whole system approach' to health and wellbeing through:
  - o integrating the NHS, social care and public health systems
  - influencing planning, transport, housing, environment, economic development and community safety in order to address the wider determinants of health and wellbeing
- High quality service delivery within the resources available including low cost and no cost options, and reducing waste through a whole system approach
- A commitment to public, patient and provider engagement

Wellbeing refers to the wider social, physical, psychological, environmental and economic factors which affect our lives and our health. In order to improve the wellbeing of people Bath and North East Somerset, the Health and Wellbeing Board is committed to working with non-traditional health and social care partners in areas such as economic development, sustainability, transport and housing.

#### Part 2 - Our local strategic priorities

#### Theme one - Helping people to stay healthy

The prevention of ill-health and the promotion of wellbeing are at the heart of this theme. The priorities set out within this section aim to prevent ill health, reducing the need for more costly interventions later in life and to help people to live well.

#### Reduced rates of childhood obesity

Over 26 per cent of Bath and North East Somerset's 11-12 year olds are of an unhealthy weight and 14 per cent are obese. Childhood obesity is associated with a range of health problems and it has been linked to low self-image, low-self-confidence and depression. Children who are obese are more likely to be obese as adults and this increases the risk of developing a range of chronic diseases such as heart disease and diabetes.

At its most simple, children become obese when the energy from the food and drink they eat is greater than the energy they burn off with day to day activity. A huge range of issues affect what we choose to eat and whether we keep active. For example, is it cheaper to buy foods high in fat and sugar? Or are there opportunities where we live for children to get outside and play?

So helping children to be a healthy weight means encouraging people to make healthy choices. It also means making changes to the local environment to make those choices easier. The Health and Wellbeing Board will work with partners, including the Children's Trust Board, to develop action on childhood obesity. This will include a coordinated plan to address the many reasons why a child becomes dangerously overweight.

#### Improved support for families with complex needs

There are around 200 families with complex needs living in Bath and North East Somerset. These families can experience some of the following problems: unemployment, domestic abuse, children in care or on the edge of care, mental ill health, and substance misuse.

Families with complex needs place significant demands on the criminal justice, health, welfare, housing and social service systems. The Government estimates that each family costs an average of £75 thousand each year. This is an annual total in Bath and North East Somerset of £16 million.

The Health and Wellbeing Board is taking steps through our Connecting Families programme to help these families enjoy the same life chances experienced by

others. The Connecting Families programme will do this by addressing the causes of anti-social behaviour, supporting children back into education, supporting people back into work and encouraging families to take responsibility for their own lives.

#### Reduced rates of alcohol misuse

Since 2002 there has been a 13 per cent increase in people admitted to hospital with an alcohol related condition in Bath and North East Somerset. Approximately 800 11-15 yr. olds are thought to be drinking to get drunk every week and over 29,000 people are considered 'risky' drinkers and are threatening their health because they are drinking too much.

In moderation alcohol can have positive impacts on adults' wellbeing, especially where this encourages sociability. But too many people still drink alcohol to excess. Alcohol is one of the three biggest lifestyle factors for disease and death in the UK after smoking and obesity. It causes alcohol-related violent crime and its impacts on communities, children and young people are clear.

The Health and Wellbeing Board wants to tackle the problems caused by drinking irresponsibly; tackle the health consequences associated with excessive alcohol consumption; and encourage people to drink sensibly. The Health and Wellbeing Board will work in partnership with the Clinical Commissioning Group, the local Police and Crime Commissioner, Public Health and our Universities to lead coordinated action to reduce the harms caused by alcohol misuse.

#### Create healthy and sustainable places

People's physical and mental health is affected by the quality of housing, access to green space, air quality and the environments in which they live.

The Health and Wellbeing Board will work in partnership with local organisations who lead on environmental sustainability to encourage people to eat more local food, encourage people to walk, cycle or use public transport rather than drive their cars and encourage people to insulate their homes and stay warm.

The Health and Wellbeing Board is committed to making sure that there are accessible homes for those who need them. For many people with learning difficulties, poor mental health or physical needs this means giving them greater choice and control over where they live, adapting existing provision and encouraging the development of suitable affordable housing options. The Health and Wellbeing Board will work in partnership with housing services and providers to support and encourage improvements to our homes and neighbourhoods.

#### Theme 2 - Improving the quality of people's lives

This theme aims to improve the quality of people's lives by supporting people who are unwell to look after themselves, and to help them and their carers to live as normal a life as possible.

### Improved support for people with long term health conditions

There are over 73,000 people in Bath and North East Somerset with at least one long term health condition. Older people in particular often live with several long term health conditions at the same time.

A long term health condition is a physical or mental condition that cannot be cured but can be managed with medication or therapy. The best way to support people with conditions like these is to help people to live healthily and to manage their conditions, so that they stay well and don't need to go to hospital.

The Health and Wellbeing Board will work in partnership with the Clinical Commissioning Group to deliver a coordinated response to long term health conditions that helps people to manage their conditions and stay well. This will be achieved through a package of support including helping people with long term health conditions to feel empowered and confident to self-manage their conditions, personalised care plans, by supporting carers, timely diagnosis, and primary and community care.

#### Reduced rates of mental ill-health

Within Bath and North East Somerset, approximately 18 per cent of our local population have experienced mental ill health which includes depression and anxiety. A local health and social care voluntary group identified mental ill health as the second largest health concern for local residents, after dementia.

Co-ordinated action to prevent suicide, repeat self-harm and support people with mental ill-health will be developed by the Health and Wellbeing Board alongside partners including health services, social care, schools and communities.

### Enhanced quality of life for people with dementia

There are 1022 people registered in Bath and North East Somerset who have dementia, and this number is expected to increase as our older population grows. Dementia can have a big impact on a person's behaviour and their lives. It can make them feel anxious, lost, confused and frustrated. These behaviours can make it difficult for people with dementia to lead normal lives.

The Health and Wellbeing Board is committed to improving the care and experience of people with dementia and their carers through a package of support including:

- better diagnosis
- improving care in hospital
- improving standards of care in homes and domiciliary care
- better awareness and support in the community

The Health and Wellbeing Board will work in partnership with health, social care, communities, business and other local services to champion 'dementia friendly communities' in Bath and North East Somerset. This initiative will focus on improving the inclusion of people with dementia in local communities by raising local understanding. This may be as simple as a local bank training staff in how to support people with dementia.

# Improved services for older people which support and encourage independent living and dying well

Our population is changing as people are living for longer. Statistical projections suggest that by 2026 people aged over 75 will represent 11 per cent of the local population, compared with 9 per cent in 2011. This will increase the demand for services that help older people to stay healthy, active and independent for as long as possible.

The Health and Wellbeing Board will lead coordinated action to ensure fair, good quality, integrated health and social care services for older people.

#### Theme 3 - Fairer life chances

This theme aims to reduce health inequalities across Bath and North East Somerset by creating fairer life chances.

The surroundings where we grow up and live, our social and economic group and our local community all have effects on our health and wellbeing. Social inequality has a significant relationship with a wide range of health and social care problems including reduced life expectancy and long term conditions.

The priorities set out within this section aim to tackle health inequalities, making sure that everyone has the opportunity to live well.

#### Improve skills, education and employment

Key to creating fairer life chances for all is ensuring that our local communities have access to good quality education, volunteering and employment opportunities. Educational outcomes and employment status have a significant impact on physical and mental wellbeing.

To achieve fairer life chances, investment in early years is crucial. Working with our Children's Trust Board, we are committed to working with schools and colleges to maximise the choice and diversity of opportunities for our young people, as well as ensuring that they are best enabled to meet economic and employability needs.

The Health and Wellbeing Board will work in partnership with the Bath and North East Somerset Economic Partnership, the Bath and North East Somerset Learning Partnership and the West of England Local Enterprise Partnership to build a strong economy supporting the skills development necessary to create more job opportunities within Bath and North East Somerset, promote job creation, ensure appropriate jobs are available, improve connections between employers and job seekers, and support the network of apprentices, interns, and undergraduate placement schemes.

#### Reduce the health and wellbeing consequences of domestic abuse

Domestic abuse represents a significant proportion of crime within Bath and North East Somerset. The health and wellbeing consequences of domestic abuse are wide-reaching and well acknowledged and include physical harm and disability, depression, low self-esteem, drug and alcohol abuse, child abuse, poverty, social exclusion and homelessness. It can have both immediate and long-term consequences for the victim, and can also have wider impacts on the family, children, friends and wider community.

Health services are often the first point of contact for people who have experienced domestic abuse. It can play an important role in preventing violence by intervening early, providing treatment and referring victims on to other services. The Health and Wellbeing Board will work the with the health service, social care and police service to promote early, swift and prompt intervention to make sure victims of domestic abuse get the care and support they deserve.

# Increase the resilience of people and communities including action on loneliness

Our local surroundings and social environment play an important part in our health and wellbeing. There is a link between loneliness and isolation and a range of health and wellbeing issues such as high blood pressure, depression and heart disease, particularly amongst the aging population. There are a number of groups which may be particularly vulnerable to social isolation and loneliness including young careleavers, those with mental ill health and the older population.

The Health and Wellbeing Board is committed to working with partners to support services and activities which keep local people connected. Community volunteering can help address issues of loneliness and isolation and can also result in stronger local communities where older people can play a greater and more empowered role.

#### Part 3

## **Delivering our priorities**

This section provides a summary of our first steps to delivery, and relevant national outcomes. It is not intended to be a static delivery plan but rather one that will be updated and evolve as the Health and Wellbeing Board develops and increases its influence over the services and activities that can make a difference.

Over time more detailed delivery plans will be adopted, setting out action on specific priorities such as reduce rates of childhood obesity or enhance the quality of life for people with dementia.

THEME 1: HELPING PEOPLE TO STAY HEALTHY			
JHWS Priority	Joint Strategic Needs Assessment evidence	Local partnership deliverables and joint activity	National outcome measures
Reduced rates of childhood obesity	Higher rates of overweight children starting school	Halt the rise in childhood overweight and obesity (CYPP)	Excess weight in 4-5 and 10-11 year olds (PHOF 2.6)
	25.9% of children in reception year are of an unhealthy weight (overweight and obese) compared to 22.6% nationally.	Promote and support healthy lifestyles for children and young people (CYPP)  Make sustainable travel options (e.g. walking and cycling) accessible and available as part of a healthy lifestyle choice for all. (ES&CC Strategy)  Develop a B&NES strategic approach to local food, to increase production and engagement in growing, reduce carbon emissions and make cheaper, healthier fresh food more accessible for key groups (ES&CC Strategy)	Diet (placeholder) (PHOF 2.11)  Utilisation of green space for exercise/health reasons (PHOF 1.16)

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Improved support for families with complex needs	There are 220 families in B&NES experiencing a range of complex needs.  The Government estimates that each family costs the public sector an average of £75 thousand each year.	Connecting Families Programme (Key deliverables: Family members in work; Children and young people in the families regularly attending school; Reductions in youth crime and anti-social behaviour; Reduction in Domestic abuse within the families Reduction in mental ill-health within the families; Reduction in the numbers of children admitted to care / staying in care; Increase in effectiveness and timeliness of child protection; Reduction in substance abuse)	Children in poverty (PHOF 1.1)  16-18 year olds not in education, training or employment (PHOF 1.5)  People with mental illness or disability in settled accommodation (PHOF 1.6)  Sickness absence rate (PHOF 1.9)  Fuel poverty (PHOF 1.17)  Safeguarding adults whose circumstances make them vulnerable and protecting from avoidable harm (ASCOF 4)  Under 18 conceptions (PHOF 2.4)
Reduced rates of alcohol misuse	The average year on year increase in admissions attributable to alcohol is 13%, compared to 8% for the South West (since 2002/03).  Estimates suggest that B&NES has 7,021 people aged 18-64 dependent on alcohol.  People living in the most deprived areas are over 4 times more likely to be admitted to hospital for alcohol specific conditions than those living in the least deprived areas.	Alcohol Harm Reduction Strategy for Bath and North East Somerset.  Promote and support healthy lifestyles for children and young people (CYPP)  Reduction in referrals for conditions relating to known harmful lifestyle choices e.g. smoking, alcohol, weight (CCG Plan)	Alcohol-related admissions to hospital (PHOF 1.18)

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Create healthy	People living in areas with high	Ensuring all children access a range of	Utilisation of green space for
and sustainable	levels of greenery are thought to	recreational activities (CYPP)	exercise/health reasons (PHOF
places	be 3 times more likely to be		1.16)
	physically active and 40% less	Promote and support healthy lifestyles for children	
	likely to be overweight or obese.	and young people (CYPP)	Diet (placeholder) (PHOF 2.11)
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	There is a link between air	Sustainable Development Management Plan (in	Recorded diabetes (PHOF 1.17)
	pollution and an increased risk of	development) (CCG Plan)	
	death and hospital admission.	development) (OOO i lan)	Excess weight in adults (PHOF 1.12)
	death and hospital admission.	December the links between mental and physical	Excess weight in addits (F1101-1.12)
		Recognise the links between mental and physical	
	Access to the natural	health and access to natural open spaces	Proportion of physically active and
	environment can have positive	(ES&CC Strategy)	inactive adults (PHOF 1.13)
	effects on mental health.		
		Promote the opportunity for H&SC providers to	Air pollution (PHOF 3.1)
		benefit from local energy projects (ES&CC	
		Strategy)	Public sector organisations with
			board-approved sustainable
		Increase community resilience to climate change	management plans (PHOF 3.6)
		impacts (ES&CC Strategy)	management plans (1 1101 5.0)
		Impacts (ES&CC Strategy)	Frances anison obvious a sefety and
			Everyone enjoys physical safety and
		Public Protection	feels secure (ASCOF 4A)
		(Key deliverables: air quality monitoring, low	
		emission)	Excess winter deaths (PHOF 4.15)

THEME 2: IMPROVING THE QUALITY OF PEOPLES LIVES				
Priority	Joint Strategic Needs Assessment evidence	Local partnership deliverables and joint activity	National outcome measures	
Reduced rates of mental ill-health	Admissions for self-harm are higher for both men and women in B&NES (229 per 100,000) compared to the national average (198 per 100,000) for 2009/10.  There has been a steady increase in the number of suicides per year since 2005. Rates in Males are higher than rates in Females  High rates of depression and high levels of self-harm amongst young women.	Promoting children and young people emotional health and resilience (CYPP)  Mental health services (Key priorities: Reconfiguration in adult mental health inpatient services; Review mental health care pathways and services to improve health and social care outcomes; Improve mental health and wellbeing in Primary Care) (CCG Plan)	Hospital admissions as a result of self-harm (PHOF 2.10)  Emotional wellbeing of looked after children (placeholder) (PHOF1.8)  Suicide (PHOF 1.10)	
Enhanced quality of life for people with dementia	Dementia is expected to increase by 23% for females and 43% for males between 2010 and 2025.  Feedback from the LINk survey (2009) suggested that Dementia and Alzheimer's were the conditions of most concern to the community.  BME communities experience lower levels of awareness of problems such as dementia.  Over 50% of nursing home residents experience dementia.	Long term conditions and frail elderly (Key priorities: Redesign of clinical pathways to improve clinical outcomes; Increase & ensure patient satisfaction; Deliver care closer to home) (CCG Plan)  Dementia Local Action Plan	Dementia and it's impacts (placeholder) (PHOF 1.16)  Dementia – a measure of the effectiveness of post-diagnosis care in sustaining independence and improving quality of life (ASCOF 2F)	

Improved services which support and encourage independent living and dying well	B&NES has a higher than average number of people aged 65 and over who are permanent residents of residential and nursing care homes (92 people per 10,000, 2009/10).  Most people (63%) express a wish to die at home; however, only 20% actually do (22.2% B&NES vs. 20.3% nationally).	End of life care (Key priorities: Deliver improved care coordination for people at end of life; Achieve and sustain national and local performance) (CCG Plan)	Health related quality of life for older people (placeholder) (PHOF 1.13)  Permanent admissions to residential and nursing care homes, per 1,000 population (ASCOF 2A)  Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services (ASCOF 2B)  Delayed transfers of care from hospital, and those which are attributable to adult social care (ASCOF 2C)
Improved support for people with long term conditions	The prevalence of long term conditions, including cancer, is rising (in line with national and regional rates).  Long term conditions make up a significant proportion of NHS spend.  There is a 60% higher prevalence of long term conditions in deprived areas.  Heart conditions, cancer, lungs and diseases of the digestive system are the most common forms of death (in line with national)	Long term conditions and frail elderly (Key priorities: Redesign of clinical pathways to improve clinical outcomes; increase & ensure patient satisfaction; Deliver care closer to home) (CCG Plan)	Employment for those with a long-term health condition including those with a learning difficulty / disability or mental illness (PHOF 1.8)  Proportion of people who use services who have control over their daily life (ASCOF 1B)  Overall satisfaction of people who use services with their care and support (ASCOF 3A)  The proportion of people who use services and carers who find it easy to find information about support (ASCOF 3D)  The proportion of people who use services who feel safe (ASCOF 4A)

	The proportion of people who use service who say that those services have made them feel safe and secure (ASCOF 4B)	es
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Priority	JSNA evidence	Local partnership deliverables and joint activity	National outcome measures
Improve skills and employment	4.4% of current 16-18 year olds are NEET (Not in Education, Employment or Training) (December 2012). Numbers have increased over time, although remain lower than similar areas and nationally.  There are higher rates of people claiming out of work benefits in some areas of B&NES. This includes Twerton (18.3%), Radstock and Abbey.	Reduce Health, Education and Social inequalities in specific groups of children and young people and specific geographical areas. (CYPP)  Supporting all young people to engage in employment, education and training from 16-19. (CYPP)  Primary Care (Key priorities: new patient pathways that result in a shorter time in the system and return to work/education) (CCG Plan)  Mental Health Services (Key priorities: Maintain of performance for people in specialist mental health services in settled accommodation and employment) (CCG Plan)  Learning Difficulties (Key priorities: Increase number of people living in their own homes and gaining paid employment) (CCG Plan)	16-18 year olds not in education, employment or training (PHOF 1.5)  Employment for those with a long-term health condition including those with a learning difficulty/disability or mental illness (PHOF 1.8)  Proportion of adults with a learning disability in paid employment (ASCOF 1E)  Proportion of adults in contact with secondary mental health services in paid employment (ASCOF 1F)  Under 18 conceptions (PHOF 2.4)

Reduce the health and wellbeing consequences of domestic abuse	Domestic abuse is a significant volume of crime in B&NES.  Women are more likely to be victims of domestic abuse compared with men (78% women, 21% men victims).  Male offenders made up 79% of all recorded perpetrators of domestic abuse crimes between 2012-12.	Interpersonal Violence and Abuse Strategic Partnership, Violence Against Women and Girls Action Plan  Provide children and young people with a safe environment, including empowering children and young people to recognise risks. (CYPP)  Protection from violence, maltreatment, neglect and sexual exploitation (CYPP)	Domestic abuse (placeholder) (PHOF 1.11)  Violent crime (including sexual violence) (placeholder) (PHOF 1.12)  Safeguarding adults whose circumstances make them vulnerable and protecting from avoidable harm (ASCOF 4)
Increased resilience of people and communities including action on loneliness	Just over half of the people who live alone have regular contact with friends and family.	The Village Agent Project	Social connectedness (placeholder) (PHOF 1.18)  Proportion of people who use services and their carers, who reported that they had as much social contact as they would like (ASCOF 1L)

CYPP	Children and Young People's Plan
CCG Plan	Clinical Commissioning Group Plan
ES&CC Strategy	Environmental Sustainability and Climate Change Strategy
PHOF	Public Health Outcomes Framework
ASCOF	Adult Social Care Outcomes Framework